



#### Enduro Motorcycle Practice Coronavirus Disease (COVID-19) - Risk Assessment

Date of Event:	18 <sup>th</sup> October 2	020	ACU Permit Number: N/A		
Venue Name &	Address:	Halstead Hills, Sible Hedinghan	n, Essex CO9 1 UH	Risk Assessment:	Combatting Coronavirus Disease (COVID-19)
Helipad Coordin	ates:	51.953474 0623317			

	Riders a	are responsible for reportin					isers will then risk assess the observations and the cted by the hazard identified.	n take app	oropriate
	Item	Routine work activity	Hazards (something that could cause harm)	Who might be harmed?	Risk Rating	Risk Level	Control Measures	Risk Rating	Residual Risk
			could cause narm,	Tidillied.	Factor			Factor	Level
ŀ	1.	• Canaral Canditions	• Casial distancing not	Officials	(RRF) 2x3	(RL) High	• Ctop all non assential parsons attending	(RRF)	(RRL) Low
	1.	<ul> <li>General Conditions for attending this event.</li> </ul>	<ul> <li>Social distancing not being maintained and increasing risk of virus being passed on by any individuals that have been infected by the virus.</li> <li>Not complying with washing hand advice.</li> </ul>	Organisers Riders Medics	2x3	LI III	<ul> <li>Stop all non-essential persons attending the event.</li> <li>No Spectators allowed.</li> <li>All riders and support persons shall give their name, address and contact number for TRACK &amp; TRACE use before entering the event.</li> <li>Temperatures shall be taken before entry.</li> <li>Reduce contact between Riders at all times.</li> <li>No gatherings of over six persons on any area or part of the event including the catering van. SIGNAGE WILL BE DISPLAYED.</li> <li>All persons must be spread out, no exceptions.</li> <li>Face coverings are recommended to be worn by riders on entry to the event, when in the pit / paddock areas.</li> <li>Once all precautions are put in place, we will issue the COVID SECURE STATEMENT and place in a prominent position for everyone to see.</li> </ul>	1X1	LOW





					•	KEEP TO THE 2 METRE DISTANT RULE AT ALL TIMES EVEN DURING BREAKS FROM	
						<b>PRACTICE.</b> where possible, however if	
						breached 1m+ with risk mitigation, such as	
						face mask, facing the same direction and	
						not shouting.	
					•	Any person showing signs of a PERSISTENT	
						DRY COUGH, DIFFERCULTY BREATING, LOSS	
						OF TASTE OR SMELL inc FEVER is to be sent	
						home immediately.	
					•	DO NOT GO TO HOSPITAL OR YOUR GP. Do	
						not contact <b>NHS 111</b> unless you have a	
						persistent cough, breathing difficulties or a	
						loss or change to your sense of smell or	
						taste after 7 days.	
	1				•	Do not contact the First Aid Responders at	
				9		this event for COVID related symptoms.	
					•	If you feel unwell, report to the organisers	
	y/					and go home.	
		1/4	7		•	Follows all Marshalls instructions at all	
		1//	1/			times.	
			17		•	If marshals are repairing the track or	
		/ /	/ /			attending to an incident, riders shall slow	
		/-/				down and follow instructions.	
					•	The Health & Safety Adviser will be present	
						& monitoring during the event.	
					•	It is critical that everybody observes the	
						following key behaviours:	
					•	HANDS - Wash your hands regularly and for	
						20 seconds.	
					•	FACE - Wear a face covering in indoor	
						settings where social distancing may be	
						difficult, and where you will come into contact with people you do not normally	
						meet.	
						SPACE - Stay 2 metres apart from people	
						you do not live with where possible, or 1	
						metre with extra precautions in place (such	
L						metre with extra precautions in place (such	





				1				
						as wearing face coverings or increasing ventilation indoors).		
2.	<ul> <li>Access and exits</li> <li>Parking Area Layout</li> <li>Paddock Area Layout</li> <li>Start Area Layout</li> <li>Lack of communication / loss of control</li> </ul>	<ul> <li>Parking issues</li> <li>Danger entering or leaving the event.</li> <li>Segregation of official's &amp; Riders</li> <li>Access to the circuit for emergency vehicles.</li> </ul>	Officials Riders Medics	2x3	High	<ul> <li>When setting up the areas, distancing measures shall be erected. This should include signage, tape and barriers.</li> <li>Bays shall be erected to assist in maintaining 2m distancing.</li> <li>Access and Egress planning including traffic management shall be planned before the event.</li> <li>Parking facilities shall be marked clearly to include separation. FOLLOW the directions of the traffic marshals at all times.</li> <li>Officials shall be present at the entrance and will check for event entry permission.</li> <li>Anyone displaying COVID19 symptoms must be refused entry to the event, this will include persons who have travelled in the same vehicle.</li> <li>ONLY TWO PERSONS travelling together in one vehicle shall be admitted to the event. 1 Rider &amp; 1 Helper Only.</li> <li>DO NOT BRING ANY OTHER PERSONS IN YOUR VEHICLE.</li> <li>Do not leave your vehicle at any time until parked in the appropriate area.</li> <li>Marshals and officials shall be supplied with a 2-way radios to communicate and control the event and situations that arise.</li> </ul>	1x1	Low
3.	Attending the event	<ul> <li>Rider breaching the restriction rules.</li> <li>Social distancing not being maintained and increasing risk of virus being passed on by any individuals that have been infected by the virus.</li> </ul>	Riders	2x2	Med	<ul> <li>Riders list shall be created before the event.</li> <li>Anyone not on the list shall not be permitted to attend.</li> <li>Remind all riders etc about social distancing required in all areas at this event.</li> <li>Signage shall be erected to remind all riders of this condition. NO EXCEPTIONS!</li> </ul>	2x1	Low





				7		<ul> <li>Require all club officials to wash or clean their hands before entering or leaving associated areas.</li> <li>All officials are to wear PVC/PVU protective gloves where possible.</li> <li>NO SIGNING ON PERMITTED.</li> <li>PHOTO ID only shall be allowed at the main gate.</li> <li>All Riders shall always wear their helmets when riding a motorcycle.</li> <li>No paddock riding whatsoever.</li> <li>Sensibly riding at low speed to the start and back to the carpark is permitted.</li> <li>No competitor may give pillion rides at our event.</li> <li>Any rider found not complying with the rules shall be asked to leave the event.</li> </ul>		
4.	<ul> <li>Track Safety</li> <li>Track Preparation</li> <li>Course easing</li> </ul>	<ul> <li>Potential collisions</li> <li>Falls from Motorcycles</li> <li>Rough ground</li> <li>Injuries</li> <li>Broken Bones</li> </ul>	Riders Support Riders Marshalls	2x2	Med	<ul> <li>The organisers will carry out course grading before the event with either grading equipment (Harrow) or subcontracted bulldozer to smooth out bumps and ease the conditions.</li> <li>This shall assist in making the track safer to ride and limit potential injuries that may affect or put pressure on the NHS services.</li> <li>The Health &amp; Safety Advisor and marshals shall attend the event and control speeds on track.</li> <li>Riders are reminded to slow down when marshals etc are on the track or dealing with situations.</li> <li>The wooded section shall remain an option for riders who wish to ride. Easing shall take place with no extreme sections included with just standard general woods riding.</li> <li>All stumps shall be sprayed ORANGE or</li> </ul>	2x1	Low





						<ul> <li>Riders are reminded to enjoy themselves, but also reminded the need to reduce speed for safety reasons.</li> <li>No Excessive Jumping shall be permitted.</li> </ul>		
						No Excessive riding allowed.		
						Riders in breach of the rules will be asked		
	5: . A: I D		E: . A: l	2.2	2.4	to leave the event.	2.4	
5.	First Aid Provisions	Use of Medical     Response Vehicles	First Aid Responders	2x2	Med	Medical personnel are trained and experienced in driving emergency vehicles	2x1	Low
		(Off-Road)				at off-road at sports events.		
		<ul> <li>Medical personnel may suffer serious injuries</li> </ul>				<ul> <li>Drivers of medical response will wear personal protective equipment clothing</li> </ul>		
		from accidents involving				when dealing incidents and accidents.		
		medical response				They should be trained in responding with		
		vehicles when driven				COVID 19 procedures and policies that		
		over potentially		,		protect front line medics when dealing with		
		hazardous off-road		7		IP that may have the virus.		
		terrain.		1		This should include face masks, face shield		
		Dealing with COVID 19	19			and gloves.		
		conditions	/			If and where possible, first aiders shall		
1/4		1/1/	2/ 1			stand 2 metres away from the injured		
						persons (IP) and discuss injuries before committing to breach the 2m distancing		
		/ /				rule. However, if breached 1m+ with risk		
		/ /				mitigation taken into consideration.		
						First aiders shall submit their own risk		
						analysis before the event.		
						See further advice on how First Aiders shall		
						attend to an IP in COVID 19 Conditions.		
						https://www.sja.org.uk/get-advice/first-aid-		
	)A/ 1: : 1		Ott: . I	2. 2	1.0	advice/covid-19-advice-for-first-aiders/	1. 4	
6.	Working in work     parties / areas	Contact with others     Curfaces contact	Officials Club	2x3	High	Follow all contingency plans where created including the governments, modical and	1x1	Low
	<ul><li>parties / areas</li><li>Working on tracks</li></ul>	<ul><li>Surfaces contact</li><li>Contact with Tools</li></ul>	members			including the governments, medical and scientific advice.		
	or paddock's (Parc	Infected areas.	Riders			Create shift work for and try to reduce		
	Firm)	Shared areas.				contact between person where possible.		
	<ul> <li>Parking areas</li> </ul>	<ul> <li>Unidentified infected</li> </ul>				' ' ' '		
	-	persons.						





	<ul> <li>Spreading the virus.</li> </ul>				<ul> <li>Always remember to follow the</li> </ul>		
					governments advice when working and		
					communicating with others.		
					<ul> <li>Try to restrict group meetings and use</li> </ul>		
					social distancing when communicating or		
					having meetings.		
					<ul> <li>Use 2 way radios / mobile phones to</li> </ul>		
					organise and plan when on site.		
					<ul> <li>All tools shall be cleaned before issue.</li> </ul>		
					Helpers and Marshals shall be responsible		
					for cleaning down tools and equipment		
					used.		
					<ul> <li>Introduce staggered start and finish times</li> </ul>		
					to reduce contact on the track.		
			7		social distancing. – we may need to change		
	70				the number of access and egress points to		
			7				
			2x2	Med	•	2x1	Low
		•			, ,		
		Work Parties			· -		
Tools etc.							
	body parts						
	/ /				S		
					, , , , , , , , , , , , , , , , , , , ,		
					and wear the correct PPE such as suitable		
					eye protection; hearing protection; gloves		
					and a harness		
					<ul> <li>Organisers using general hand tools will be</li> </ul>		
					familiar with their use and competent to		
					use.		
8. • Use of Equi	ment - • Fatalities	Marshalls &	2x2	Med	Due to the specialist nature of track	2x1	Low
Track Maint	enance • Injuries	Officials /			maintenance work shall only be carried out		
Plant & Mad		Work Parties			by competent and experienced operators		
	· ·				· · · · · · · · · · · · · · · · · · ·		
	machinery, trailers etc				that will use track maintenance plant &		
7. • Use of Equi • Brush Cutte Strimmer's Tools etc.	s, • Eye Injuries • Back Pain	Marshalls & Officials / Work Parties	2x2	Med		2x1	Low





0	NA 111 III	6.1	Marshalls &	22	Med	Cleaning of controls shall be carried out and distancing shall be maintained.	1x1	1
9.	Manual Handling	<ul> <li>Back pain or injury</li> <li>Trapping fingers or body parts</li> <li>Causing damage to legs / arms or feet.</li> <li>Heavy objects</li> <li>Awkward objects</li> </ul>	Officials & Officials / Work Parties	2x2	Med	<ul> <li>Use the quads for moving items around the track, start, paddock and car park area.</li> <li>Wherever practicable manual handling aids will be used.</li> <li>Organisers will follow safe manual handling techniques.</li> <li>If necessary the organiser and relevant others will discuss difficult manual handling activities beforehand to agree a safe system of work that incorporate COVID 19 protective procedures.</li> </ul>	1x1	Low
10.	Working with     Electrical     Equipment     (Generator etc)	<ul><li>Electrocution</li><li>Burns</li><li>Shock</li></ul>	Marshalls & Officials / Work Parties	2x3	High	<ul> <li>The installation of electrical services will be carried out by competent persons.</li> <li>The condition of electrical cables and portable generators shall be checked before use etc.</li> <li>Equipment shall be visually inspected prior to use and any items found to be damaged will not be used.</li> <li>Suitable circuit protection will be used on all temporary electrical installations.</li> <li>Electrical cables and connections are to be IP rated for outdoor and wet weather use.</li> <li>The COVID 19 protective measures shall apply.</li> </ul>	1x1	Low
11.	Smoking/Vaping	Social distancing not being maintained and increasing risk of virus being passed on by any individuals that have been infected.	All persons who smoke or Vape	2x2	Med	<ul> <li>All personnel to maintain 2 metre space where possible, however if breached 1m+ with risk mitigation.</li> <li>Remind persons that they are not allowed to congregate whilst smoking / vaping in any area.</li> <li>Please return to your vehicles to smoke or Vape where possible.</li> </ul>	1x1	Low
12.	<ul> <li>Mud on Roads         Adjacent to the         Event     </li> </ul>	<ul><li>RTAs</li><li>Slippery and dangerous road conditions</li></ul>	General Road Users	2x2	Med	<ul> <li>Warning signage will be used to inform passing motorists of mud hazard on the road.</li> </ul>	1x1	Low





		Motorists and others				Road sweeping will be arranged if required		
		may be injured from				or necessary.		
		road traffic accidents caused by slippery road				Signage for COVID 19 protection and social		
		caused by slippery road conditions as a result of				distancing shall be erected to advice all persons of the requirements when		
		mud being carried onto				attending this event.		
		the highway from an				G		
		event.						
13.	• Waste	Persons may become	All persons	2x1	Low	Organisers will adopt good hygiene practice	1x1	Low
	Management & Diseases	infected through contact with bio waste from				and to reduce the risk of infection, gloves and other protective clothing shall be		
	Discases	general waste handling.				provided.		
		Also, through contact				Riders are required to take their waste		
		with COVID 19 virus				home with them and not leave at the		
						event.		
				1		<ul> <li>Anyone caught leaving waste / bottles/ cans / tissues etc will not be returning to</li> </ul>		
				7		any of our events.		
				4		Please follow the general conditions section		
			<i>y</i>			for maintaining and cleaning surfaces etc.		
14.	<ul> <li>Temporary</li> </ul>	Persons at the event	All persons	2x1	Med	Temporary structures such as tents,	1x1	Low
	Structures	may suffer serious injury if struck by flying parts	/ /			marquees, awnings, shall be built by competent persons and secured.		
/		from a temporary				Structures shall not be constructed or used		
		structure that has blown				in high winds.		
		away.				-		
15.	<ul> <li>Noise</li> </ul>	Organisers/officials or	All persons	2x2	Med	Organisers/officials or marshals shall wear	1x1	Low
		marshals may suffer discomfort and potential				suitable hearing protection when exposed to loud noise.		
		hearing damage from				Powered Equipment is maintained to		
		the prolonged use of				ensure they run as quietly as is possible.		
		noisy equipment or				Riders are reminded that excessively load		
		exposure to Riders				machine shall not be permitted at the		
1.0		machine noise.	Ommonioons	22	D 4 = -l	event.	11	Law
16.	<ul> <li>Control of Substances</li> </ul>	<ul><li>Fuel spillages</li><li>Chemical Burns to skin.</li></ul>	Organisers Riders	2x2	Med	<ul> <li>Use suitable cleaners to wipe down all surfaces.</li> </ul>	1x1	Low
	Hazardous to	Eye injuries.	Macis			<ul> <li>Know what you are using, and the safety</li> </ul>		
	Health	= 7 =g =ss.				precautions of the substance being used.		





	(COSHH)					<ul> <li>Read the instructions before use so that you are aware of what it can or can't be used for.</li> <li>Make sure that you are wearing the correct PPE &amp; RPE when carrying out cleaning.</li> <li>Be careful when using cleaners or bleach and wear suitable gloves and eye protection.</li> </ul>		
17.	<ul><li>Transmission risks</li><li>Contact with others</li></ul>	<ul> <li>Infected persons or identified infected persons.</li> <li>Spread of Covid 19.</li> <li>Surface contact.</li> <li>Doors, handles, surfaces contact.</li> </ul>	Organisers Riders	2x3	High	<ul> <li>All officials, marshals, Riders shall FOLLOW         THE GOVERNMENT MEDICAL AND         SCIENTIFIC GUIDENCE AT ALL TIMES.</li> <li>Riders please bring a means of washing         your hands regularly to the event.</li> <li>Stay home if you are suffering from the         symptoms. DRY COUGH, FEVER LOSS OF</li> </ul>	lx1	Low
		Unclean and unmanaged areas.				<ul> <li>TASTE OR SMELL or DIFFICULTY in BREATING. DO NOT COME TO THE EVENT!</li> <li>Avoid touching your eyes, nose and mouth.</li> <li>Cover your cough or sneeze with a tissue.</li> <li>Clean and disinfect frequently touched objects and surfaces using a regular cleaning spray or wipe.</li> <li>Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or</li> </ul>		
						<ul> <li>sneezing.</li> <li>If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.</li> <li>Always wash hands with soap and water if hands are visibly dirty.</li> <li>Create a procedure on sending / people</li> </ul>		
						<ul> <li>home who show signs of infection.</li> <li>DO NOT GO TO HOSPITAL OR YOUR GP. Do not contact NHS 111 unless you have a persistent cough or breathing difficulties after 7 days.</li> </ul>		





						If you have to make contact, advise the services who you have been in contact with both at work and in general.		
18.	Sourcing and identifying Personal Protective Equipment & Respiratory Personal Equipment     PPE & RPE needs within the area.	<ul> <li>Compatibility of PPE &amp; RPE</li> <li>Information, Instruction &amp; Training</li> <li>Use of PPE &amp; RPE</li> <li>Loss of PPE, Defect of PPE &amp; RPE</li> <li>How &amp; when to Wear PPE &amp; RPE</li> <li>Protection to on site.</li> </ul>	Organisers Riders	2x2	Med	<ul> <li>Face masks and gloves will be issued to officials and marshals for use should they be needed.</li> <li>We will issue as a secondary precaution to officials and marshals when assisting (if absolutely necessary) and dealing with an incident.</li> <li>First Aid responders shall supply their own PPE &amp; RPE.</li> <li>All other methods of reducing risks been identified and implemented before using PPE – RPE as best as possible and using the GOV.CO.UK, WHO &amp; ECDC advice in this risk assessment i.e. washing hand and 2 metre distancing where possible, however if breached 1m+ with risk mitigation.</li> </ul>	1x1	Low
19.	Environmental     Impact and Control     of Environment at     Work	<ul> <li>Spillages.</li> <li>Chemical waste.</li> <li>Waste, rubbish &amp; landfill.</li> <li>Water use for extra cleaning use.</li> </ul>	Riders	2x1	Low	<ul> <li>Clean up all spillages from both surfaces using the spillage procedures.</li> <li>Environmental mats must be used.</li> <li>Use surface cleaners spraying and do not soak the area being wiped down.</li> <li>Do not use large amounts of paper towelling, only use what you need.</li> <li>Put all wastepaper in the waste bins provided.</li> <li>Try to reduce water and electricity use and monitor if possible.</li> </ul>	1X1	Low
20.	Vulnerable People	<ul> <li>Infecting persons or identifying infected persons.</li> <li>Spread of Covid 19</li> <li>Lack of shielding measures.</li> </ul>	Riders Organisers Family members / others	2x2	Med	<ul> <li>Follow the government and medical advice from you doctor.</li> <li>Strictly avoid contact with someone who is displaying symptoms of coronavirus (COVID-19).</li> <li>Vulnerable persons as defined by the NHS by virtue of age, underlying health condition, clinical condition or pregnancy</li> </ul>	1x1	Low





						should not present themselves for work but		
						should remain at home in accordance with		
						Government guidance. For more		
21.	Catering Facilities	<ul> <li>Infecting persons or identifying infected persons.</li> <li>Spread of Covid 19</li> <li>Lack of shielding measures.</li> <li>Surfaces contact.</li> <li>Unclean and unmanaged areas.</li> </ul>	Riders Organisers	2x2	Med	<ul> <li>information, go to www.gov.uk</li> <li>The caterers shall keep all surface wiped down and maintain frequently.</li> <li>For areas and surfaces which are subject to more regular human contact, consideration should be given to the need for additional disinfection.</li> <li>Wherever possible disposable or washing up gloves and aprons should be worn for cleaning.</li> <li>Separate refuse bins should be provided for the disposal of paper towel, waste gloves and aprons used for cleaning.</li> <li>Protective clothing must continue to be worn as required in line with the existing food requirements of the caterers.</li> <li>Maintaining regular cleaning and disinfection of all food contact surfaces,</li> <li>counters, and utensils.</li> <li>Developing more frequent cleaning and disinfection procedures for surfaces</li> <li>which are regularly touched by customers and staff such as door handles, counters and seating areas.</li> <li>Food service staff to wash their hands more frequently for at least 20 seconds with warm water and soap, both during food</li> </ul>	1x1	Low
						<ul> <li>handling and after contact with items touched by others and customers including door handles, money etc.</li> <li>Ensuring gloves are changed regularly e.g. before and after preparing or handling food and after carrying out non-food related activities.</li> </ul>		





		<ul> <li>Providing hand sanitiser for customers to use on their way in and out of the food waiting area.</li> <li>Food collection should be staggered to discourage crowding or congregation outside the catering area.</li> <li>Where queuing is taking place, you should use queue management systems to maintain a 2-metre distance between people where possible, however if breached 1m+ with risk mitigation.  A "Social Distancing" poster/sign can be used to remind customers of the requirement to maintain the 2-metre distance from one another.</li> <li>Advise customers to leave the area once</li> </ul>
	/	their food / drink is collected.





#### Dynamic Risk Assessment

	could cause harm)	Who might be harmed?	Risk Rating	Risk Level	Control Measures	Risk Rating	Residual Risk
			Factor (RRF)	(RL)		Factor (RRF)	Level (RRL)
			1				
A							





#### Risk Assessment Matrix

Risk Assessment Key (RAK)		S = Hazard Severity		CRA – Company Risk Assessment		
Risk Assessment = S X L		1 = Slight	2 = Serious		3 = Major	
I I Hadda and	3 = Likely Medium High			High		
L= Likelihood						
2 = Possible		Low	Medium		High	
	1 = Unlikely	Low	Low		Medium	